

# MGM



## Speakers Bureau

### Empowering and Motivating You to Succeed!

#### **DONA CAINE FRANCIS, PMH-NP/CS, BCO's Profile**

Travels from: Lake Norman, NC, US

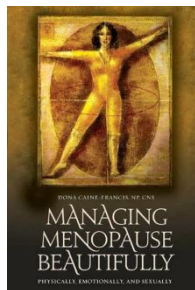


Dona is ANCC Board Certified as a Psychiatric Clinical Nurse Specialist and Psychiatric Mental Health Nurse Practitioner. She is in private practice at Lake Norman, outside Charlotte, NC and treats many women for Adrenal Fatigue.

Dona is also nationally certified by the American Association of Sexuality Educators, Counselors and Therapists (AASECT) as a Sex Therapist. Dona is the Past President of the North Carolinas Nurses Association and former board member of the Center for American Nurses, the national organization for workforce advocacy for nurses.

She is an author having written, *When Benjamin Wants to Know: Family Conversations About the Facts of Life* and is working on an additional book for girls and their parents to discuss sexuality, *When Jessica Wants to Know: Family Conversations About the Facts of Life*. She authored a chapter "The Client with a Sexual Disorder" in *Psychiatric Nursing – Biological & Behavioral Concepts* by Antai-Otong.

Her book *Managing Menopause Beautifully – Physically, Emotionally, and Sexually* was recently reviewed by AASECT in *Contemporary Sexuality*.



**Specialties:** Women's Health; College & Young Adults' Sexual Well Being, Healthy Relationships.

#### **Programs Include:**

##### **"Tips from the Sex Therapist: Keeping it Hot and Healthy"**

##### **For College and Young Adult Groups**

A workshop for young adults and college students about sexual development and questions for today's sexual well-being. Dona will provide a fun and informative session where students can share stories, ask questions and get answers from a credible source. Her presentations provide a comfortable environment where students can be honest and upfront with a healthcare professional and get real answers to tough questions.

##### **MAGNIFICENT MENOPAUSE: 5 Secrets to Sensational Living While Other Women Are Stuck in the Abyss!**

Learn what your mother never taught you... how to climb out of the menopausal abyss and create the life you want. You'll learn the 5 most important secrets you need to know to recharge your batteries - physically, emotionally and sexually. You'll feel better than ever and you'll see an increased sexual desire you haven't seen in years. In this program you'll learn how to create your own "Magnificent Menopause" and enjoy life the way it should be!

#### **Please Call for Fees**

#### **Testimonial:**

*Funny, frank, insightful and wise, Dona Caine-Francis brings a wealth of experience and knowledge to the 'powder room' on all issues that are woman and just plain human. Reading Managing Menopause Beautifully is like curling up by a fire for a long, intimate chat with a best friend but even better since, in this case, your confidante is an expert who really does have all the answers*

*-- Leslie Noble,*

Headquartered in North Carolina USA and available worldwide!

Copyright (c) 2010 MGM Speakers Bureau is a Woman Owned Business