



## Why Stress? Hire the Best!

### Dr. Anthony J. (Tony) Piparo's Profile

Travels from: Wisconsin, US



#### A Talent Agency

Dr. Piparo has successfully helped hundreds of people from all walks of life both adults and children improve their ability to deal with life's challenges and difficulties. He has Masters in Education and Kinesiology (Study of human Movement) and a Ph.D. in Performance Psychology. He has also received additional training in Human Development, Applied Kinesiology, Brain Gym, NLP, and Trauma Release Therapy. He is an internationally recognized author and award winning researcher. His books include:

*Stressed to Success*

*Ascent into Hell*

*Target Oriented Golf: Training the Eyes, Mind, and Body for Success*

*Kingdom of the Tiger: A Golfer's Guide to Playing in the Zone*

*The Art and Science of Putting*

He has adapted the tools and techniques he originally used to help athletes and business professionals succeed in even the most demanding competitive situations for students dealing with the pressure to succeed academically or who experience test anxiety as well as everyday people suffering from the ravages of hectic, modern day life.

He offers private consultations, ½- and full-day workshops, and banquet speaking services. He also has many other products that can improve your health, performance, and quality of life.

**Specialties:** Peak performance training for golf, sport, business, overcoming test anxiety for students and their parents, overcoming performance anxiety for singers, dancers, and actors, stress relief coaching.

#### Sample Topic:

##### Peak Performance for Golfers

More so than in any other sport, peak performance in golf requires perfect harmony between mind and body. Serious golfers, like you, spend considerable time, money, and effort trying to develop the skills necessary to play at a high level to practice better and learn to play in **The Zone** almost at will.

- Drastically lower your scores
- Improve your physical practice
- Improve your competitiveness and mental strength
- Learn to focus and shut out distraction

In this workshop you will learn the factors necessary to play in The Zone, identify the conditions that interfere with your ability to play to your potential and be provided with simple, yet powerful tools to help you get the most from your practice and playing. Performance equals potential minus interference. Eliminate the interference and you play to your potential. Do it often enough and you will be playing in The Zone almost at will!

#### Please Call for Fees

**Testimonial:** *If you have a chance to hear Tony speak you will not be disappointed. he has written an incredible book that should be in the library of all serious golfers. I recommend it to all my students and to all the pros in the Southern California Section of the PGA. Tony has conducted several workshops for our section, always receiving rave reviews.*

**Derek Hardy**

**Southern California PGA Board of Directors**

For Further Information or to Book  
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